

First Responder

First aid and CPR skills for professional first responders or those wanting to become first responders. Course teaches techniques for sustaining life, preventing further injuries, and caring for illnesses and injuries until the next level of medical personnel arrives. Includes CPR level HCP and AED.



Duration

40–44 hours. Flexible scheduling options.

Instructor

Red Cross First Responder Instructor or Instructor Trainer

Prerequisite

CPR Level C

Completion Requirements

100% attendance, skills demonstration, and 80% min. passing grade on written exam

Certification

3-year certification in First Responder, CPR Level HCP, and AED

Recertification

20 hours; includes CPR Level HCP

Course Content

Part 1 – The Responder

- > The responder
- > The emergency scene
- > Preventing disease transmission

Part 2 – Establishing Priorities of Care

- > Human body systems
- > Assessment
- > Respiratory emergencies
- > Airway and ventilation
- > Circulatory emergencies
- > Bleeding
- > Shock

Part 3 – Injuries

- > Soft tissue injuries
- > Musculoskeletal injuries
- > Head and spine injuries
- > Chest, abdominal, and pelvic injuries

Part 4 – Medical Emergencies

- > Sudden illnesses
- > Poisoning
- > Heat- and cold- related emergencies

Part 5 – Special Populations and Situations

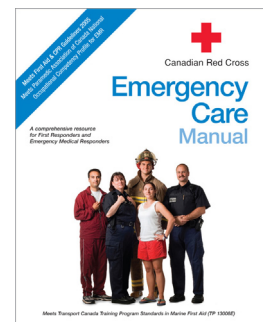
- > Special populations
- > Childbirth
- > Crisis intervention
- > Reaching and moving people
- > Multiple casualty incidents

Includes CPR HCP

Includes any other content required by specific legislation

Take-Home Materials

Red Cross Emergency Care Manual
Red Cross Emergency Care Workbook
Certification card and optional wall certificate
(or as required by legislation)



Red Cross First Aid. The Experience to Make a Difference.

www.redcross.ca/firstaid | 1.877.356.3226

